Standard Precautions

USED FOR THE CARE OF ALL PATIENTS

Applies to blood, all body fluids, non-intact skin and mucous membranes

Utilize transmission-based precautions (airborne, contact, droplet) in addition to standard precautions as indicated



Wash hands for 20 seconds with soap and water or use an alcohol based hand gel

- · When touching blood, body fluids, secretions, excretions, and contaminated equipment
- · After gloves are removed
- Before and after patient contact
- Alcohol-based hand gel is not recommended for use when the skin is visibly soiled

Wear gloves

 When touching blood, body fluids, secretions, excretions, mucous membranes, non-intact skin and contaminated items/equipment

Change gloves

• Between tasks/procedures on the same patient after contact with contaminated material Remove gloves

- · Promptly after use
- · Before touching non-contaminated items and environmental surfaces

Wear a mask, eye protection or face shield

• To protect mucous membranes of the eyes, nose and mouth during procedures likely to generate splashes/sprays of blood, body fluids, secretions and excretions

Wear a gown

 During procedures likely to generate splashes or sprays of blood, body fluids, secretions or excretions

Remove gown

Promptly after use to avoid transfer of microorganisms to other patients or environments

Cleaning and disinfection

Clean common-use equipment before removing from room

Avoid/prevent injury:

- Utilize safety needles
- Utilize needleless intravenous connections
- Sharps containers should be leak-proof and puncture resistant
- Never recap used needles
- Do not bend, break or remove used needles by hand
- Place used needles/sharps in appropriate sharps containers
- Never attempt to remove sharps from containers
- Do not eat, drink, handle contact lenses, apply cosmetics or lip balm in any patient care area
- Staff with exudative lesions or weeping dermatitis should not provide direct patient care until the condition has resolved